



IT'S A FLAVORFUL LIFE

Catalogue



LIFE TASTES BETTER WHEN YOU ADD

your own flavor!

At Ocean Garden,
we know that flavor goes
hand in hand with quality.
That's why we source
the best produce & products
from all over the world
by tapping into local markets
and extending our search
to global ones so only
the finest reaches your pantry
and your table.



CONVENIENCE & GOODNESS

whether fresh, frozen or canned,
the entire Ocean Garden range has convenience
and goodness at its heart.

Offering you limitless possibilities to create,
explore and serve up only the best
to the people that matter the most.

After all, what every good meal is about:
simple flavors that bring everyone together!



FARM TO FORK

We merge quality,
variety & convenience
to stack up your pantry.



EXQUISITE TASTE

We never cease
to deliver on our promise:
goodness that spans across
all product ranges.



FOOD YOU CAN TRUST

We are committed to
maintaining the highest quality
standards while in compliance with
the strictest food safety
and hygiene measures.

A warm, indoor kitchen scene featuring a man in a bright orange sweater smiling as he works at a table. To his left, a young girl in a white shirt is focused on a task. To his right, another young girl in a pink sweater is also working. The table is laden with fresh vegetables like tomatoes and cucumbers, and some prepared food items. The background shows a typical kitchen with white cabinets and a tiled wall.

DIPS, DRESSINGS & SAUCES

Ready to serve and be served!

The unsung heroes of the culinary arena
burst with flavor to complement your favorite dish.

MUSTARD

Original



227g



397g

Enjoy the tangy taste of real mustard!
Ocean Garden Original Yellow Mustard brings you the classic American flavor you know and love. Smooth, zesty, and absolutely versatile, it's the ultimate companion for burgers, hot dogs, turkey sandwiches, or even a drizzle on roasted veggies.
Made in the USA, it's 100% classic, 100% delicious, and 100% a pantry must-have!

THE SUPER FRIENDLY MAYO

Our **Belgian Mayonnaise** is made using the finest quality sunflower oil and ingredients.

It's creamy, rich, smooth, and goes well with almost anything.



MAYONNAISE

made in Belgium

MADE IN
BELGIUM



250ml



500ml



500ml



250ml



500ml

Wonderful as a side dip, in your sandwiches and salads, the Belgian Ocean Garden Original Mayonnaise is made using the finest quality sunflower oil and ingredients.

With almost less than half the calories of a regular mayonnaise, the Belgian Ocean Garden Light Mayonnaise is a healthier alternative for dips, salads, and more.

Our mayos still tastes quite creamy, smooth, and goes well with almost anything. It makes it the friendliest mayo in the world

THE SECRET IS IN THE TOMATO



Ocean Garden Ketchup is made from **freshly harvested premium tomato** crops.

It makes it deliciously thick and rich enough to give your taste buds a good kick!



KETCHUP

made with fresh tomatoes



340g



340g



510g



810g



2.2Kg

Ocean Garden Ketchup is made from freshly harvested premium tomato crops. It makes it deliciously thick and rich enough to give your taste buds a good kick!

BBQ

rich & smokey



350g

Nothing beats a smoky BBQ Sauce!
Ocean Garden Barbecue Sauce with its authentic American flavor is thick, rich and damn delicious!
Use it as a topping for your favorite barbecued meat, pork or beef ribs and chicken or simply use it as a marinade, dipping sauce for veggies, mushroom etc. **100% Natural.**



SUNFLOWER POWER



Plant-based and non-GMO,
our sunflower oil is a **100%**
refined pure oil.

Its high Oleic content makes it
as good for high-heat cooking
as it is for your heart health.



SUNFLOWER OIL

100% natural pure



1.8L



4L

Plant-based and non-GMO, Ocean Garden Sunflower Oil is a 100% refined pure oil which makes it a good choice for high-heat applications like frying and sautéing. You can also try our premium Ukrainian sunflower oil as the base for your next salad dressing. Sunflower oil is considered as a healthy and natural alternative to other cooking oils with its high contents in essential fatty acid, linoleic and oleic acid. It is also a fantastic source of Vitamin E which helps boost your immune system.

LEMON SUBSTITUTE

suitable for vegetarians



1L

Looking for a burst of citrus taste?
Ocean Garden offers the perfect fresh lemon
replacement, easy, quick and tasty.
It will surely kick up the flavor of any dish
or salad when added.



VINEGAR



1L



1L



4L

- Ocean Garden Red Vinegar is a staple ingredient in your kitchen. It's delicious and has distinctive tangy flavor.
- Ocean Garden White Vinegar is also another must-have kitchen essential. With its incredibly clean, strong taste, a little bit of our white vinegar can go a long way. They are used in vinaigrettes, salads, marinades, sauces, pickling solutions, baking and even cheesemaking,



FROZEN GREENS & VEGGIES

Make no mistake about our frozen veggies they're available year-round, more convenient and as fresh and healthy as those found in your local grocery or supermarket, if not more!

FROZEN IS THE NEW FRESH

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Ocean Garden frozen vegetables are picked and **frozen at peak of freshness**, locking in taste, vitamins & nutrients.

Ready to eat in only a few minutes.  
No preservatives, no additives.



**SHOCK  
FREEZE**  
TECHNOLOGY

# FROZEN VEGETABLES

fresh frozen

 **GMO FREE**

 **SHOCK FREEZE TECHNOLOGY**



250g



400g



400g



400g

Ocean Garden Frozen vegetables are picked and frozen at peak freshness to better lock in nutrients (Shock Freeze Technology).



# FROZEN VEGETABLES

*fresh frozen*

 **GMO FREE**



**SHOCK FREEZE TECHNOLOGY**



400g



250g



400g

Our veggies can be perfectly cooked or baked and ready to eat in only a few minutes.



# FROZEN VEGETABLES

fresh frozen

 **GMO FREE**

 **SHOCK FREEZE TECHNOLOGY**



400g



400g



400g



400g

Contains no preservatives, no artificial ingredients, flavors, or colors.



# FROZEN VEGETABLES

*fresh frozen*

 **GMO FREE**

 **SHOCK FREEZE TECHNOLOGY**



400g



400g



400g



400g

A very good source of vitamins and nutrients.



# FROZEN VEGETABLES

*fresh frozen*

 **GMO FREE**

 **SHOCK FREEZE TECHNOLOGY**



900g



900g



900g

Our veggies are frozen only a few minutes after harvest, locking in taste, vitamins and nutrients.



# FROZEN VEGETABLES

*fresh frozen*

 **GMO FREE**

 **SHOCK FREEZE TECHNOLOGY**



400g



900g

Wholesome, green and packed with protein.  
Ocean Garden Edamame is finally here!

What makes it so special?

- 100% GMO-free
- High in protein, fiber, and flavor
- The easiest snack to prepare





# BUTTER ME UP

Shower your casserole with our high-quality spread for the smoothest buttery cooking experience.

# BUTTER

*spread and cook*

 **GMO FREE**



200g



400g



1Kg

Ocean Garden unsalted “Spread & Cook” premium quality butter is made from blends of vegetable oils that are high in heart-healthy monounsaturated fats and some little milk fat. Rich in flavor, creamy, soft and spreadable, our butter is ideal for cooking, baking and to make the perfect buttered toast.





# CANNED & JARRED ESSENTIALS

Only the finest servings to stock up your pantry  
with ease and peace of mind.

# TOMATO PASTE

*made with fresh tomatoes*



300g



650g



1Kg



1.3Kg

Why make a tomato paste at home when one tablespoon of Ocean Garden Tomato Paste can be enough?  
Our concentrated paste is mainly made from premium fresh tomatoes that have been cooked down slowly until becoming a super dense. Preservative & Additive free.



# SWEET CORN KERNELS



Works perfectly well with any cold salad or can even be enjoyed right out of the can with a little lemon and spices or just served hot as a side dish.

**100% natural,  
GMO and preservative free.  
No sugar added.**



# SWEET CORN

*ready to eat*

 **GMO FREE**



180g



340g



340g



410g

Ready to eat whole kernels, precooked and then canned for convenience. Ocean Garden Sweet Corn kernels are picked and packed at the peak of freshness to bring you great quality and amazing taste. 100% natural, GMO and preservative free. No sugar added.



# HIGH-PROTEIN READY MEAL

Our white meat tuna is made from solid, tender, juicy **white Tongol fish**.

Rich in Omega 3, proteins & essential nutrients.



# TUNA

*solid*



160g



160g



160g

A delicious great option for a sandwich or salad filler, Ocean Garden WHITE MEAT Tuna is made from solid, tender, juicy white Tongol fish. A great source of essential nutrients, rich in Omega 3, it is also an excellent source of protein that is low in fat and calories.

# MUSHROOMS

*freshly packed*



280g



280g



530g



530g



400g



400g

- Not only do whole mushrooms easily add a rich, earthy flavor to any recipe, but they also help to support the immune system and prevent damage to cells and tissues due to their high vitamin B content and a strong antioxidant called selenium.
- Each slice of fresh mushrooms is carefully hand peeled and sliced so you can savor the authentic flavor. When you need an impromptu side dish, just add to soup, stir fry or serve over rice. Ready in minutes, any time of day!

# PINEAPPLE

*in light syrup*

 **GMO FREE**



565g

Juicy, golden slices of pineapple packed at peak ripeness and preserved in light syrup for just the right touch of sweetness.

Ocean Garden Pineapple Slices are 100% natural, GMO free, and ready to eat straight from the can.

Perfect for desserts, salads, cocktails, or as a refreshing snack anytime. A tropical pantry essential that brings natural goodness and convenience to your table.





## A VERY INSPIRING FLOUR

Our all-purpose flour is a versatile and general use wheat flour with **a high protein content** (13 percent).

It makes it a solid base for all your creative baking experimentation.

# FLOUR

*all purpose*



900g



The Ocean Garden All-purpose Flour is a versatile and general use wheat flour. It's suitable for all types of baked goods such as bread, biscuits, pizza, cookies, muffins, etc.

It can also be used in thickening gravies and sauces.

Because not all flours are created equal, the protein content of ours is 13 percent.

This can help make the dough more cohesive, stronger, and helps it gain more volume.



# AIR-FRIED & BREADED GOODNESS

Ocean Garden's Air-Fried delights are here  
to make snacking smarter and tastier!

# AIR-FRIED & BREADED GOODNESS

*made with real cheese*



250g



250g



250g

From crispy Halloumi Sticks and goey Mozzarella Sticks to spicy Cheddar Jalapeño Bites, this range brings together bold flavors and satisfying texture in every bite.

Air-fried to a light golden finish, each product delivers the crunch you love with less excess oil.

# AIR-FRIED & BREADED GOODNESS

*made with real cheese*



250g



300g



300g

Breaded Cheese Balls, Cheese Rolls, and Vegetable Spring Rolls create a versatile selection that is perfect for snacking, sharing, or serving.

With delicious fillings and a crisp outer coating, each product is crafted to offer a light, tasty, and irresistibly crunchy experience.

# AIR-FRIED & BREADED GOODNESS

*made with real cheese*



400g



750g



800g

Our Mozzarella Burger and larger pack formats of Mozzarella Sticks and Mozzarella Burger are ideal for both convenience and sharing occasions.

Crispy, cheesy, and easy to prepare, they deliver consistent quality and delicious flavor in every serving.

# AIR-FRIED & BREADED GOODNESS

*made with real potatoes*



900g

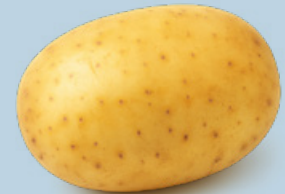


900g



2Kg

Crispy on the outside, fluffy on the inside, Ocean Garden's frozen potato range is crafted from 100% real potatoes for the ultimate snacking and side-dish experience.



# AIR-FRIED & BREADED GOODNESS

*made with real potatoes*



900g



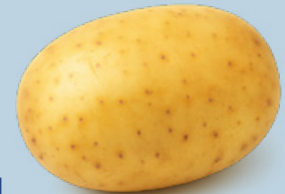
900g



900g

Pre-fried and air fryer friendly, these wedges, thin-cut allumettes, and classic straight-cut fries deliver that extra crispy and crunchy bite every time.

Convenient, golden, and irresistibly tasty, the perfect addition to any meal.



A woman with dark, wavy hair, wearing a white t-shirt and a light blue apron with white polka dots, is standing in a bright, modern kitchen. She is focused on preparing food, specifically arranging sliced salmon on a blue plate. The kitchen features white cabinetry, a double stainless steel sink, and a white countertop. Various fresh ingredients are visible on the counter, including a bowl of sliced tomatoes, a bowl of mixed vegetables, a bunch of green leafy vegetables, and a potato. A yellow grater and a wooden cutting board with a knife and spatula are also present. The overall atmosphere is clean, bright, and focused on fresh, healthy cooking.

# FISH & FRESH

Share precious moments with loved ones and show how much you care with our finest variety of fresh fish and meat.

# FROZEN ON BOARD



The frozen-at-sea & **shock freezing technology** help preserve the freshness, taste, and nutrients of our golden calamari rings.

Pre-cooked and can be ready to eat in only **3 minutes.**



# FROZEN SEAFOOD

*good source of Omega-3*



125g



250g



250g

- Easy to shred, tasty and juicy, Ocean Garden Crab Sticks can be used in a variety of dishes.
- Pre-cooked, peeled and deveined Ocean Garden Jumbo Surimi Shrimp Tails can be ready to eat in a few minutes.

# FROZEN SEAFOOD

good source of Omega-3



250g



180g

Golden and crispy on the outside, tender on the inside, Ocean Garden Calamari Rings and Breaded Shrimps offer the perfect balance between texture and flavor.

# FISH FILLETS



1kg



800g

Made from newly sea-caught Pangasius and Hake fish frozen directly on board, the frozen-at-sea and shock freezing technology helps preserve a maximum of freshness, flavor and texture.

Headless, skinless and boneless, well-trimmed & EU-standard they can be served fried, oven-baked or grilled and can be ready to eat in a few minutes.

A chef in a white uniform is holding a white plate of Caesar salad. The salad consists of green lettuce, croutons, and cherry tomatoes. The chef is also holding a fork and knife, and another plate of food is visible in the foreground. The background is blurred, showing other people in a restaurant setting.

## FOOD SERVICE

We cater to wholesalers, distributors and restaurants by providing plus-sized varieties of our products. You can count on our fleet of vehicles to do the heavy lifting for you.

# FOOD SERVICE



2.2Kg



4.2Kg



2.2Kg



4.2Kg

For distributors or chefs who cook for thousands of people, Ocean Garden offers a wide range of carefully selected, prepared and affordable products in oversized quantities.

# FOOD SERVICE



3.78L



3.785L



3.785L

For distributors or chefs who cook for thousands of people, Ocean Garden offers a wide range of carefully selected, prepared and affordable products in oversized quantities.

# FOOD SERVICE



2.3Kg



2.95Kg



3Kg



8L

Our oversized bottles, cans and jars combine quality with quantity: definitely a more practical and cost-effective solution for your big wholesale or catering needs.

# FOOD SERVICE



10Kg



1Kg



1Kg



2Kg

Elevate your wholesale or catering ventures with our carefully crafted oversized products, making every meal a resounding success, order whatever you choose and we deliver.



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